

WE MUST TAKE CARE OF OURSELVES



Wearing a mask is mandatory in public areas and wherever physical distancing cannot be respected



Wash your hands frequently with soap and water or with a hydroalcoholic solution



Cough and sneeze into your arm or into a tissue



Use single-use tissues, and then throw them away



Avoid touching your eyes, nose and mouth



Respect physical distancing: you should remain further than a metre from others



Do not shake hands or greet people with kisses on the cheek

FOR MORE INFORMATION

✉ GOUVERNEMENT.FR/INFO-CORONAVIRUS
☎ 0 800 130 000 (toll-free hotline in French only)



BARRIÈRE