



BEAUTÉ & FITNESS







PHILOSOPHY

Viewing each guest as a unique individual, the Spa Diane Barrière offers personalized holistic treatments designed to relax, restore and lift the body, soul and mind.

Areas where wellbeing rules supreme

- ◆ 5 Treatment Rooms, including 1 Couples Treatment Room
- ◆ Hydropool
- ◆ Sauna
- ◆ Steam Room
- ◆ Relaxation Area
- ◆ Fitness Center





BIOLOGIQUE RECHERCHE

Facial Treatments	p.15
Body Treatments	p.16

LES HUILETTES

Treatments	p.20
Massages	p.22

SPA DIANE BARRIÈRE DAY RETREATS

Day Packages	p.25
---------------------	-------	------

MANICURES AND COSMETICS

Manucurist	p.26
Le Rouge Français	p.27

DOGPOND GYM

Personal Training	p.28
--------------------------	-------	------

CLUB SPA DIANE BARRIÈRE

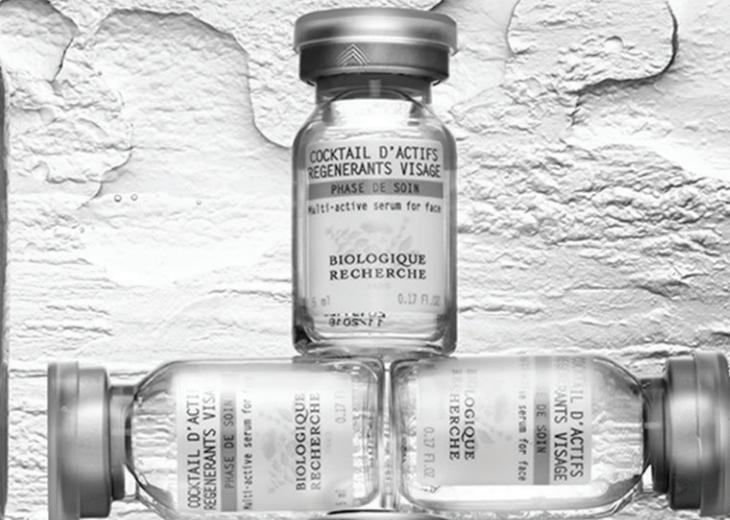
Spa Etiquette	p.29
Hours	p.31



40 YEARS OF PASSION

When the company was founded, forty years ago, Biologique Recherche functioned like a research and development laboratory whose sole vocation was to develop formulations for professionals dissatisfied with existing products.

Today, the Biologique Recherche Methodology has a reputation for astounding effectiveness based on a clinical approach to beauty care using intentionally pure, concentrated, raw ingredients, as well as innovative and meticulous protocols and procedures.





VISIOLAB - SKIN INSTANT LAB SKIN ASSESSMENT

These innovative state of the art diagnostic tools are used to analyze the skin beneath the surface. Once the assessment is completed our Spa Specialist will prescribe Biologique Recherche Facials and products for your personalized skincare goals.

A 3 STEP METHODOLOGY

♦ *The Assessment Stage:*

Using a specific physiological, behavioral and tactile approach, each person's Skin Instant®, which is the condition of the skin at any given time, is assessed so that the most appropriated tailored beauty treatment can be recommended.

♦ *The Initialization Stage:*

Like many skin specialists, Doctor Allouche believes that the epidermis is central to skin care. It is the skin's outer layer and the ultimate barrier which protects the integrity of our inner world. The epidermis should receive customized treatment applied according to a precise and rigorous ritual. At Biologique Recherche we believe this stage is essential.

♦ *The Treatment Stage:*

During this stage, products containing the highest concentrations of active ingredients are applied to "recondition" the epidermis and help activate both its regenerative properties and those of the skin' deeper structures. The skin is a complex organ designed for protection and communication that regenerates miraculously every month throughout our entire lives. The unique benefits of these cutting edge, customized skin care treatments are both immediate and lasting, even for particularly imbalanced Skin Instants®.





FACIALS BY BIOLOGIQUE RECHERCHE

SPA DIANE BARRIÈRE FACIAL

A completely hyper-customized, personalized wellness experience exclusively designed to provide an instant lifting effect that exfoliates, hydrates, tightens and protects. Using a sequence of massage techniques and a highly effective combination of active ingredients, the skin is instantly transformed.

SKIN REJUVENATION TREATMENT

Using Biologique Recherche's unique Micro Puncture methodology in this treatment the results will be astoundingly precise. Most clients see a reduction in shallow scarring, fine lines and wrinkles, and notice firmer, plumper skin.

RED CARPET READY FACIAL

Our ultimate age defying facial therapy combines transformative clinical grade products and unique sculpting massage techniques, which dramatically tone, tighten and reshape the facial contours. The incorporation of Biologique Recherche Microcurrent Remodeling Face Technology takes lifting and sculpting to the next level. An ideal selection for those seeking intense skin regeneration and tailor-made results.

BODY TREATMENTS BY BIOLOGIQUE RECHERCHE

JET LAG REMEDY

Alleviates congestion and toxins in the body caused by fatigue and dehydration using a unique and precise massage technique along with essential oils to return the body and mind to homeostasis.

FRAICHE BODY TREATMENT

In this treatment, the skin is exfoliated, moisturized, re-energized and invigorated. The combination of Bio-Reflex massage technique along with a unique formulation of natural ingredients to remove dead dry skin and rebuild the epidermis will leave you feeling lighter and brighter.

SILHOUETTE BODY TREATMENT

An excellent treatment for restoring a harmonious silhouette. Featuring energizing massage with a thermal algae wrap that will detoxify the body by improving circulation, rebuild, tone and smooth the overall quality and function of the skin.

SPA DIANE BARRIÈRE SIGNATURE BODY MASSAGE

This unique massage incorporates lymphatic drainage, trigger point, and Swedish massage techniques. The blend of basil, lemon and lavender massage oil will help reduce inflammation in the body, uplift your mood and increase circulation, leaving you feeling well balanced and rejuvenated.

PHOTOLOGIQUE
RECHERCHE



les huilettes

The fabulous virtues of plants and essential oils provide regeneration and relaxation. Our treatments include massage techniques adapted to your needs for immediate benefits for the skin and spirit. A unique experience in the heart of aromatherapy and beauty.

TREATMENTS BY LES HUILETTES

LES HUILETTES FACIAL

These aromatic, natural and clean products from France combine the effects of 100% active organic synergies with techniques inspired by Ayurveda, ko bido and includes Guasha Stone Massage will offer both well-being and immediate radiance. The fragrance of the essential oils allow for a total immersion into an alluring olfactory world of deep relaxation and bliss. Think of it as yoga for the face. The esthetician will prescribe an individualized and tailored facial treatment for your skin.

LES HUILETTES BODY ORGANIC TREATMENT

This organic body treatment will be complete care for the body. Starting with a scalp treatment, followed by application of organic body oils, foot scrub and deep tissue foot massage will leave you feeling with a sense of relief providing a new and energetic flow of energy.



MASSAGES

Massage soothes and harmonizes the whole body. Enhance your massage with organic CBD or Aroma Wellness oils. These oils are formulated to feed the skin with organic purity and become the vehicle for nourishing the whole body. They contain no synthetic fragrance, artificial colors and are never tested on animals.

SWEDISH MASSAGE

Traditional massage that soothes and harmonizes the whole body. The practitioner adapts pressure and techniques according to your preferences and needs of the client.

DEEP TISSUE MASSAGE

For those who receive massage on a regular basis, the therapist uses a combination of regulated pressure, myofascial release and trigger point therapy to release knots, tension and chronic pain in the body.

SPORTS MASSAGE

This full body massage focuses on a particular muscle group that holds greater tension, working deeper into the tissue, which in turn produces more effective release of holding patterns and improves range of motion. Perfect for athletes and workout enthusiasts.

Pair your massage with one of our unique oils from our Aroma Wellness collection. Descriptions are as follows:

DETOX

Improves circulation and encourages gentle cellular detoxification and lymphatic drainage. Pure, Organic Essential oils including grapefruit, orange, cypress and fennel have been traditionally used by master aromatherapists for lymph circulation, water retention or cellulitic conditions.

IMMUNE BOOST

A formula of organic oils known for supporting the immune system and assisting in respiratory health. This aromatic botanical formula includes organic eucalyptus, lemon, bay laurel, balsam fir, lavender and tea tree.

RESET

A relaxing blend that soothes the senses and encourages deep rest and sound sleep. Perfect for Jet Lag and deep relaxation. Ingredients are lavender, cedar, ylang ylang, geranium, tangerine, rose absolute, chamomile, carrot seed, cardamon.

CBD

Massage oils are formulated with the highest quality organic full spectrum CBD. In this massage the oils assist with the release of body tension stored in constricted muscles and help to reduce pain and inflammation in sore or injured muscles.



SPA DIANE BARRIÈRE DAY RETREATS

AWAKENING THE SENSES

90 min. Red Carpet Ready Facial
120 min. Fraiche Body Treatment

SPA DIANE BARRIÈRE ESCAPE

90 min. Spa Diane Barrière Facial
30 min. Spa Diane Barrière Neck and Shoulder Massage
45 min. Fouquet's Manicure Treatment, which includes a glass of Fouquet's Champagne

ROMANTIC GETAWAY FOR TWO

90 min. Candle Massage
60 min. Les Huilettes Facial
Fouquet's Champagne and organic seasonal fruit for two

*All Day Packages have access to aromatherapy steam, sauna and relaxation lounge.
Day Spa Packages can be upgraded for an additional fee. Customized Spa Diane Barrière
Packages are available, inquire with a Spa Specialist for details.*

A photograph of a red rectangular box and a clear glass bottle of nail polish. The box has 'Fouquet's' and 'manucurist PARIS' printed on it. The bottle is labeled 'green' and 'natural nail colour'. They are placed on a dark surface with framed pictures in the background.

manucurist PARIS

FOUQUET'S MANICURE TREATMENT

Manucurist is a French Nail Polish Brand, and a clean alternative gel polish that removes like regular nail lacquer. This polish is 84% plant based and instantly dries, it will provide a long lasting shine for up to 10 days. Indulge in this relaxing manicure with a glass of Fouquet's Champagne. We also offer classic French Manucurist nail polish for your manicure which also includes a glass of Fouquet's Champagne.

For our hotel guests, we offer in-room manicures. Please inquire with a Spa Specialist for details.



PLANT BASED MAKEUPOLOGY

LE ROUGE FRANÇAIS

Spa Diane Barrière offers Le Rouge Français Cosmetics. Where conventional brands still stand for chemical or mineral pigments, we are revolutionizing this industry with colors extracted from plants, which have exceptional biological powers. Made exclusively in France, products are vegan and cruelty free. Inquire with a Spa Specialist for information about this clean brand of cosmetics.



DP

DOGPOUND GYM

Personal training sessions are available with DOGPOUND. Please inquire with a Spa Specialist for an appointment.

SPA ETIQUETTE

To make your spa experience more memorable, please arrive 30 minutes prior to your scheduled appointment so you can experience our aromatherapy steam, sauna and enjoy tea from Palais des Thés in our Relaxation Lounge. To ensure a relaxing experience, please power off your mobile phone and any other electronic devices.

We encourage you to leave valuables at home. Day lockers will be available for your convenience.

Hotel guests and members receive complimentary access to aromatherapy steam, sauna, hydro spa pool and DOGPOUND gym.

As we reserve your appointment, we ask that you provide 24-hours advance notice should you need to schedule or cancel. No-shows and cancellations will be billed for the full treatment price. Late arrival for any service may limit the length of your treatment and the full service fee will be applied.

Please let a Spa Specialist know of any special accommodations needed to make your spa experience more enjoyable.

Spa Diane Barrière is available to guests 18 years of age or older.

20% gratuity will automatically be added to your spa service for your convenience. You are welcome to adjust the gratuity according to your experience.

Spa Diane Barrière is a non-smoking facility.



MERCI

SPA DIANE BARRIÈRE HOURS

every day : 9am – 9pm



Hotel Barrière Fouquet's New York
28 Desbrosses Street New York, NY 10013
Telephone: 917-965-2604
spa@fouquets-newyork.com

fouquets-newyork.com

