



SPA

DIANE BARRIÈRE

L'HÔTEL DU GOLF - DEAUVILLE



TREATMENTS & BENEFITS



2017

L'Hôtel du Golf is located in breathtaking countryside and is the perfect venue for sport lovers. The Golf Barrière Deauville, designed by Tom Simpson and Henry Cotton, the paddle tennis courts, tennis courts and swimming pool will all vie for your attention.

The Spa Diane Barrière at L'Hôtel du Golf is dedicated to beauty, fitness and physical regeneration thanks to the expertise and clinical approach of Biologique Recherche treatments and Ligne St Barth's traditional Caribbean savoir-faire.

Our team and facilities will ensure you enjoy a memorable and revitalising experience thanks to our menu of treatments worthy of a top chef.

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Biologist, Physiotherapist, Doctor : Yvan, Josette and Philippe Allouche combined their know-how and passion to write a unique and visionary page in the history of skin care. When the company was first founded 40 years ago, it functioned as a research and development laboratory creating products for professionals dissatisfied with existing solutions. Today, Biologique Recherche Methodology has earned a reputation for outstanding effectiveness based

on its clinical approach to beauty care using pure, concentrated, raw ingredients, as well as innovative and meticulous procedures. The overall approach to skin care, which sees the skin as being directly linked to all other organs in the body and Doctor Philippe Allouche's expertise, has created innovative new techniques exclusive to the brand. This internationally recognised brand can be found in over 70 countries.



SKIN INSTANT LAB®

30 MIN € 35

This first step in the Biologique Recherche Methodology identifies your individual Skin Instant®.

FACIALS

45 MIN € 85

Oxygenating VIP O2 Treatment

A balancing treatment designed to oxygenate the skin, relax the features and restore radiance.

Hydréclat Treatment

A moisturising and firming treatment designed to enhance your complexion, tone the skin and restore radiance.

FACIALS

60 MIN € 115

LIFT C.V.S. TREATMENT

An exfoliating and lifting treatment that uses re-sculpting techniques to add definition to facial contours and firm the face.

Restructuring and Smoothing Treatment

A deep conditioning treatment with immediate lifting results for delicate, sensitive, irritated or tired-looking Skin Instant®. Following the treatment, your skin is hydrated, smoothed and toned.

Biosensible Treatment

This treatment is ideal for stabilising very sensitive and delicate Skin Instant®. Your skin is soothed and protected.

Erythros Treatment

This treatment respects the delicate physiological balance of sensitive and irritated Skin Instant® and skin prone to redness. Light strokes are used to apply moisturisers bursting with active ingredients that help reduce redness, and slow down the formation of new capillaries, as well as soothing and restoring comfort to the skin.

Sebum-Regulating Treatment

This sebum-regulating treatment cleanses and tightens pores for an even, matt, fresh complexion.

Caviar Intégral Treatment

This treatment is designed for Skin Instant® with very special requirements. Thanks to the incredible regenerating properties of Caviar, your skin is smoothed and firmed.

P50 Exfoliating Face Mask

This restorative, deep-clean facial mask evens out skin tone. It brightens the complexion and smooths away minor facial irregularities.

MC110 Restructuring Treatment

A plumping treatment designed for lifeless, normal, tired and wrinkled Skin Instant®. Facial irregularities are diminished, features are replumped and the contours of your face are re-sculpted. Your skin looks smoother, firmer and more radiant.

Second Skin Treatment

This regenerating, lifting treatment, never before seen in professional cosmetics, is based on an electrospun mask made up of 80% pharmaceutical grade hyaluronic acid for all mature Skin Instant® showing signs of ageing. We recommend 3 sessions at 1 week intervals, to be renewed once every three months.

60 MIN € 330

CURE DE 3 SOINS DE 60 MIN € 890

CRYO 3R treatment

Cryo Skin technology provides an exceptional anti-ageing programme. The treatment is paired with a targeted, customised facial to reduce the appearance of wrinkles, and reduce puffiness and dark circles. The complexion is oxygenated and the face is firmer and brighter.

90 MIN € 195

FACIALS

120 MIN € 215

Triple Lift with Remodeling Face® Treatment

A remodelling treatment with two exfoliating, conditioning and lifting boosters applied with the Remodeling Face® machine. A comprehensive treatment designed to redefine and re-plump the volumes of your face.

Intégral Face with Remodeling Face® Treatment

A truly exceptional facial treatment that smooths and evens out the skin's texture while lifting and toning the skin.

CUSTOMISED FACIAL

60 MIN € 115

90 MIN € 170

120 MIN € 215

MODULES TO ADD TO YOUR TREATMENT

30 MIN € 45

Super Booster Remodeling Face® Module

If you are looking for more open eyes, more prominent cheek bones, less pronounced wrinkles and better defined facial contours, then you will love the results of Remodeling Face®. A state-of-the-art bio-electrotherapy treatment combining four types of current (galvanic, medium, high frequencies and electroporation) for immediate and long-lasting results.

Electroporation + Cocktail of regenerative ingredients

Remodeling Face® and electroporation - a high frequency pulsating current - penetrate the outer layer of the skin to promote the bio-availability of our serum bursting with active ingredients.

PRIVILEGE PACKAGE

10H00 € 1100

We offer a Privilege Package allowing you to select from a range of treatments (up to ten hours) i.e. you are free to choose the duration and type of treatment you want.

BODY TREATMENTS

60 MIN € 125

P50 "New Skin" - Exfoliation

Once dead skin cells and impurities have been removed, your skin is radiant, soft, more even and toned.

BODY TREATMENTS

90 MIN € 170

Matrix Body Lift Treatment

A moisturising bio-reflex and skin-protecting massage. Ideal after a weight loss programme to firm and tone distended tissue, eliminate dead skin cells and re-sculpt your body.

Glove Slimming Treatment

An aromatherapy-based slimming treatment. It stimulates micro-circulation and promotes the elimination of toxins and excess water. We recommend a course of six treatments over two months - €900.

Anti-C & Booster Minceur Course

A treatment that promotes firmness and improves the micro-circulation of the skin. Its effectiveness is increased by the application of Booster Minceur. We recommend a course of six treatments over two months - €900.

BODY TREATMENTS

120 MIN € 225

Intégral Remodeling Body®

A complete and targeted body lifting treatment focusing on the bust and arms. This treatment helps you achieve a slim figure, as well as procuring a profound sense of wellbeing.

TAILOR-MADE BODY TREATMENTS

60 MIN € 125

90 MIN € 170

120 MIN € 225

MODULES TO ADD TO YOUR TREATMENT

30 MIN € 45

SUPER BOOSTER REMODELING BODY® MODULE

Skin is firmer, the décolleté is sculpted, and the arms are toned thanks to the effect of the Remodeling Body® treatment. A state-of-the art bio-electrotherapy treatment combining three types of current (galvanic, and medium and high frequencies) for immediate and long-lasting results.





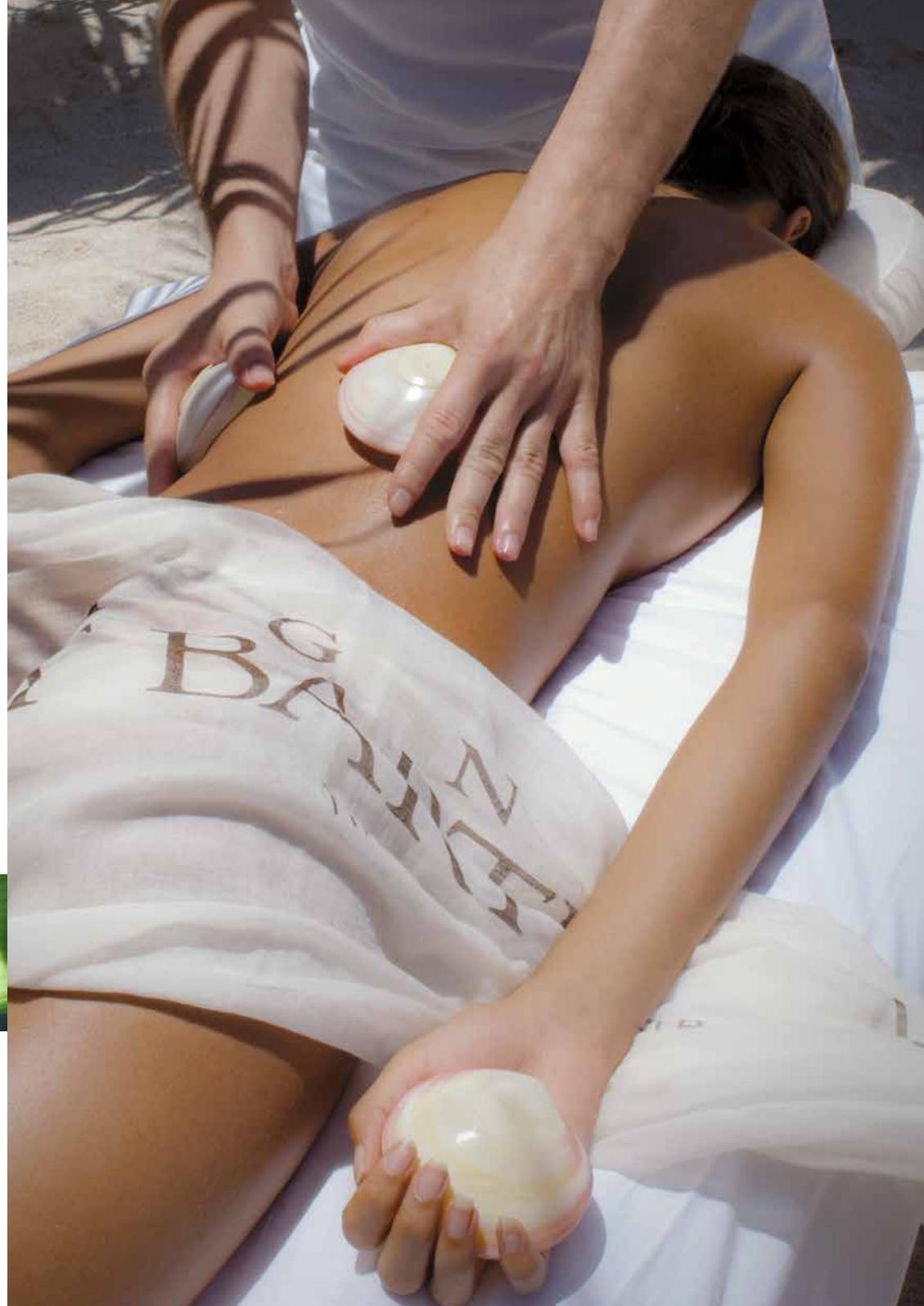
L I G N E[®]
ST BARTH

For over 30 years, LIGNE ST BARTH has been creating products that combine traditional savoir-faire with advanced scientific research. LIGNE ST BARTH skin care products retain all the vital energy of the Caribbean plants, fruits and flowers they are made from. The texture and consistency of the products have a natural affinity with the skin.

The oils and exotic fragrances of tiaré flower, lily and bourbon vanilla promote gentle relaxation while awaking your senses. Sample the tropical fruit mousse before we blend it with our exclusive skin care products and it becomes a precious ingredient in our skin care range, which includes scrubs and body masks. During

your relaxing facial, relish the exquisite aromas and fragrances of fresh pineapple, papaya, melon, passion fruit and mango.

LIGNE ST BARTH draws on the ancestral knowledge of the Arawak people of the Caribbean, as well as the most advanced scientific discoveries. It also uses state-of-the-art technologies and respects the most stringent quality standards and norms. Until recently, selected elixirs from the Caribbean were reserved only for those in the know and even today, they are only available in the most exclusive international hotels and perfumeries. LIGNE ST BARTH cosmetics and products are only produced in St. Barth, one of the most beautiful islands in the Caribbean.



ST BARTH HARMONY

Half-body pampering massage 30 MIN € 60

Full-body pampering massage 60 MIN € 115

Enjoy a gentle massage from head to toe with our carefully prepared skin care products specially tailored to your needs. Finish your relaxing message with a moisturising body lotion imbued with the fragrances of the Caribbean.

ST BARTH CHILL OUT 90 MIN € 180

Body massage with warm shells

An intensely relaxing body treatment using warm shells and avocado oil scented with hints of gardenia - a memorable, long-lasting ST BARTH SPA experience.

ST BARTH ELASTICITY 45 MIN € 85

Clay and cucumber mousse body wrap

Intensive body treatment designed to improve the appearance of the skin thanks to the precious minerals and vitamins found in the clay and the fresh pineapple or cucumber mousse. During the treatment, choose from a relaxing head or foot massage.

ST BARTH SOFTNESS 45 MIN € 85

Relaxing, exfoliating body massage with coconut oil and papaya

Relaxing exfoliating massage for silky-soft, even skin. The ideal preparation for a uniform, long-lasting tan.

ST BARTH SENSATION 60 MIN € 115

Body mask with pampering relaxing massage

This unique treatment with oil and Caribbean sea water gel not only moisturises the skin but is a pleasure for all the senses. Finish your treatment with a relaxing, deliciously fragrant aromatherapy massage.

ST BARTH PURENESS 60 MIN € 115

Facial and décolleté treatment plus hand massage

Enjoy the delightfully fresh fragrances of our products that will instantly transport you to the Caribbean. Your skin is cleansed, toned and gently exfoliated before the mask is applied. Perfect for a fresh radiant complexion.

ST BARTH FRESHNESS 90 MIN € 160

Facial and décolleté treatment with fresh fruits & half-body massage

Luxuriate in an intensively relaxing and soothing treatment for the face, neck, décolleté and hands. While the mask takes effect, enjoy either a relaxing head, back or foot massage. After the facial, your skin tone is visibly clearer and more even, and your complexion is radiant.

Our massages are for relaxation and beauty purposes only, i.e. they are non-medical and non-therapeutic.





DB

SPA
DIANE BARRIÈRE



In 2015, the Barrière group created a number of entirely new beauty and wellness centres.

They're now united under the Spa Diane Barrière label, a tribute to the woman who embodied French beauty: beautiful, elegant, bold, and refined..

After La Baule, Spa Diane Barrière opened three new centres in Deauville: the Hôtel Le Normandy, the Hôtel Le Royal and L'Hôtel du Golf.

This new jewel in L'Hôtel du Golf's crown is a true haven of peace and tranquillity. Enjoy a new type of experience based on natural, pure and innovative treatments in a space where wellbeing is everything.



WELLNESS & FITNESS CENTRES

The Spa Diane Barrière at LHôtel du Golf offers relaxation, wellbeing and renewed vitality.

The soft lighting, calming colours, and luxurious and intimate treatment rooms, designed to promote a profound sense of wellbeing, are ideal for effective, sensual and original treatments. You can also enjoy the warmth of our sauna and hammam and the invigorating cold of a cryotherapy treatment, as well as fitness sessions, massages, beauty, and hair and scalp treatments.

Where wellbeing reigns supreme

- ◆ Three massage rooms with private showers
(for customers having treatments only)
- ◆ Relaxation room
- ◆ Fitness centre
- ◆ Sauna
- ◆ Hammam
- ◆ Outdoor swimming pool
- ◆ Individual cryotherapy treatment room



CRYOTHERAPY

Used by professional sports men and women to encourage muscular and joint recovery, cryotherapy is now more widely used for its numerous benefits.

How does it work? Once you enter the individual treatment room, the temperature drops rapidly thanks to a mist of hydrogen that has beneficial effects for the body. The benefits are wide-ranging: reduced muscular and joint pain, increased energy levels and accelerated metabolic rates. It also eliminates toxins,

releases endorphins, reduces anxiety, promotes weight loss, targets cellulite, and promotes firmer healthier skin.

The session lasts three minutes and must be followed by complete rest.

Cryotherapy body treatment session ..	€ 55
Cryotherapy facial session	€ 55
10 sessions	€ 495



SPECIAL TREATMENTS

MANICURE

With classic nail varnish application	€ 50
French manicure	€ 70
Semi-permanent nail varnish application	€ 65
Semi-permanent French manicure	€ 75
Semi-permanent nail varnish removal	€ 25

PEDICURES

With classic nail varnish application	€ 50
French manicure	€ 70
Semi-permanent nail varnish application	€ 65
Semi-permanent French manicure	€ 75
Semi-permanent nail varnish removal	€ 25

HAIR REMOVAL

Upper lip	€ 20
Brows - Shaping	€ 35
Brows - Maintenance	€ 25
Underarms	€ 45
Forearms	€ 30
Arms	€ 35
Lower leg	€ 42
Full leg	€ 55
French bikini wax	€ 50
Hollywood bikini wax	€ 60

INFORMATIONS PRATIQUES

◆ **The Spa Diane Barrière is located on the ground floor of L'Hôtel du Golf**

◆ **Bookings :** +33 (0)2 31 14 24 00

◆ **Opening hours**

Open daily from 10:00 a.m. to 7:00 p.m.

The swimming pool is open daily from 7:00 a.m. to 10:00 p.m.

◆ **Your appointment**

Please arrive 10 minutes prior to your appointment in order to have plenty of time to enjoy the peaceful surroundings and be ready for your treatment.

◆ **Courtesy**

Please do not bring mobile telephones or tablets into the Spa.

◆ **Clothing**

If you are a guest at L'Hôtel du Golf, we suggest wearing the bath robe and slippers provided in your room.

If you are not a guest, the hotel can provide everything you need.

◆ **Your comfort**

Please let us know if we can adjust the volume of the music, the temperature or the pressure of your massage. Also let us know if you require an extra towel, robe, etc.

◆ **Cancellation policy**

Appointments cancelled with less than 24 hours' notice will be charged in full.

If you do not show up for your appointment, you will be charged in full for all your treatments.

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